



secret circus presents

a studio session show

love



aerial circus show · project climbing centre, bh15 1ud
15th february 25 · 7pm · £10

Welcome Message

Dear Friends,

We invite you to witness our performers take flight in this special Valentine-themed show. For us, "Love" is a testament to the passion, dedication, and heart that each of our performers brings to the stage.

Tonight, you will see countless hours of training transform into moments of magic. Each performance tells its own story of determination, trust, and artistry.

We hope you'll feel the love that has gone into creating every second of this show.

Sit back, look up, and let yourself be carried away.

With love from the skies,

Emily Garrod-Cox
Director, Secret Circus



About Secret Circus

Secret Circus is an aerial dance and acrobatics circus school based at The Project Climbing Centre in Poole, offering a full program of classes for adults and kids.

We provide fun sessions in an encouraging and positive environment, allowing each individual student to thrive and challenge themselves both creatively and physically.

As a creation forwards studio, we produce regular shows and pathways for individuals to develop as artists. Providing act creation tuition, space, and support for personal creative development.



Fern and Idris



Fern and Idris

Performance by: Fern and Idris

Music: "Poprocks and Coke" by Green Day

This act, performed by a Mother and Son, is about the love between parent and child. It reflects how they lift and celebrate each other.

Fern has been with Secret Circus for 11 years, starting as a student and eventually becoming an instructor.

She did not enjoy exercise before discovering aerial, which is now a huge part of her life. Idris has grown up in the circus and wants to be a stuntman.

Emily Garrod-Cox



Acceptance

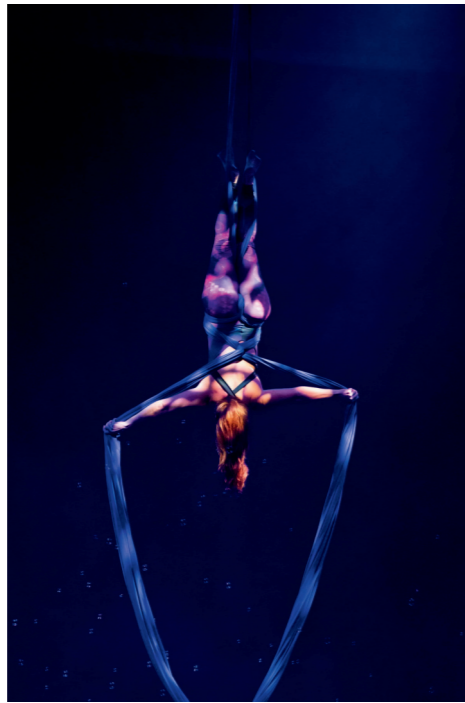
Performance by: Emily Garrod-Cox

Music: "Dust to Dust" by The Civil Wars

This piece is a part of the larger body of work, 'acceptance'. Acceptance of the capabilities of my body now, a shift from focusing on limitations to embracing the accumulation of my lived and learnt experiences and skill. It invites exploration, connection, honesty and bravery. Countering forces to perfectionism.

Emily is an aerial hoop artist and owner of Secret Circus. Her practice as an artist, coach and leader is based on the belief that 'everything is right.' This approach endeavours to curate empowering, honest and healing outcomes in creation, in movement and in her community. Emily says: "It's my life's privilege to bring a little joy to others in my everyday doings."

Kat Lewis



Cliff Jumping

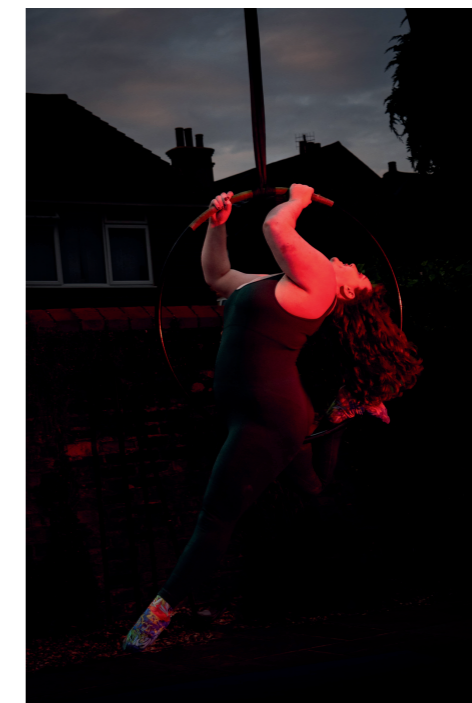
Performance by: Kat Lewis

Music: "Love You Madly" by Cake

When you fall in love together, it's like jumping off a cliff into the ocean, hand in hand. But when you have your heart broken, you're left floating in the sea alone and you have to find the courage to scale those cliffs before you can jump again.

My piece is about the desire to climb back towards love, the process of doing so, and taking the plunge with someone new.

Ellen Paver



Love Persevering

Performance by: Ellen Paver

Music: "Little Fortune" by Katie Lynne Sharbaugh

My act is a tribute to a friend we lost when we were young. We had everything we needed in a simpler time.

My performance is my true self on a stage; sometimes silly, sometimes dramatic and always honest.

Lea Frye



Here I Am

Performance by: Lea Frye

Music: "Voilà" by Barbara Pravi

This piece explores the concept of self love - learning to find your voice and your freedom and breaking the cage of self-doubt. My performance is written from the perspective of loss, and of grief, and personifies the strength it takes to rise above your inner demons and emotional shackles.

Self love is reclaiming your heart from pain, and being madly and passionately in love with your own happiness. I have been exploring aerial silks for two years, having fallen in love with the art of flying. I have enjoyed working creatively with my practice and am excited to debut as a performer in the Love showcase!

Lottie Dennis



L-O-V-E

Performance by: Lottie Dennis

Music: "L-O-V-E" by Gregory Porter

My act is about classical timeless love and all the feelings that come with it. The jazz music paired with ballet is a blend of classic meets cheeky, resulting in pure joy! I have really enjoyed mixing my two loves together to see what my abilities and mind can create. I hope you LOVE it.

Lottie Dennis is a loyal and passionate professional performer from Salisbury Wiltshire. She expresses herself through various mediums, from dance to roller skating to photography. Her hope is that this new act will result in more adventures and opportunities to come.

Lottie Dennis



Entangled *Obsession*

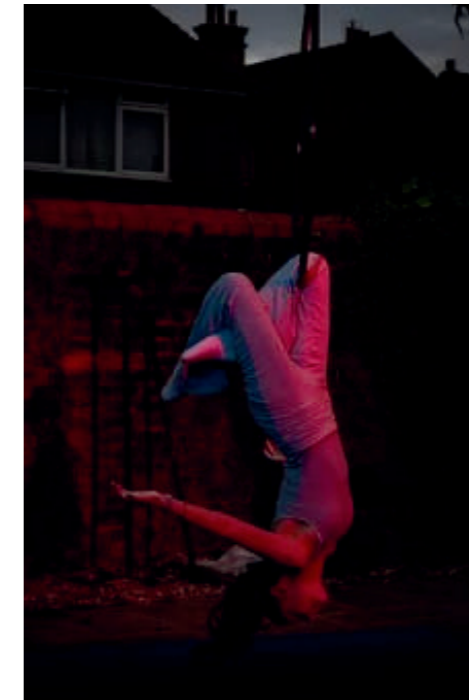
Performance by: Darja Craparo

Music: "El tango de Roxanne" from Moulin Rouge

My act is inspired by the intensity and passion of El Tango de Roxanne. It's an exploration of raw emotions - desire, jealousy, and vulnerability - expressed through movement and its "ups and downs." I'm drawing on the song's powerful energy to convey a story of inner strength, confidence, and the turmoil that often accompanies a love story.

This performance marks a dream I've had for seven years – it's my first time having the courage to perform aerial silks in public. I'm also exploring pole, heels, and bachata, discovering a thread of sensuality that is helping me grow my confidence. Performing to this specific song has also been a long-time dream, and on the weekend of romance, I'm excited to finally bring it to life.

Darja Craparo



The Other Woman

Performance by: Thalia Warren

Music: "The Other Woman" by Lana Del Rey

This piece is about yearning for a love that you could never have. It is my third performance in front of a live audience.

For me, shows are a way of tracking my progress as an aerialist and to boost my confidence.

Dani Shepherd



Journey of Self Love

Performance by: Dani Shepherd

Music: "Bye Bye Bye" by N Sync

The journey of moving on from a difficult relationship and continuing the journey of self-love involves letting go of the past, taking control and embracing the freedom, fun and excitement of new beginnings.

My goal is to make you smile!

Curtain Call

With special thanks to...

Our Performers:

Every student and instructor who has poured their heart and soul into this show.

Our Technical Team:

Lighting & Sound Engineering: Sarah Phillips

Rigging Safety: Emily Garrod-Cox, Nikki Bates, and Sophie Anderson.

Our Venue:

The Project Climbing Centre

YOU:

Your support is greatly appreciated. Thank you for being part of our aerial family.